

# EARLY EXPLORERS PROGRAM

16 Months to 2 Years

#### POTTY TRAINING

In the Early Explorers class toilet training is part of the curriculum. In the Toilet Training Program teachers introduce the toilet training process and encourage curiosity. Proven toilet training techniques are used to promote a positive and supportive environment for those students who are ready.

### LANGUAGE ARTS

Books are an integral part of developing motor skills; reading books daily, page turning, pointing to pictures, picture recognition, and sound imitation from pictures in books are just a few of the skills acquired by our young explorers. A large replica of the first letter in each student's name helps them recognize letters in addition to object identification using words. Sing-a-longs aid in memory development, and sign language introduces our students to a form of communication to help them relay their thoughts without being able to verbalize it yet. At this age group, our students start realizing routines which provide structure and security while at school.

#### MATHEMATICS

Problem solving is emphasized by making wooden puzzle pieces fit together. The identification of shapes and sorting objects by shape and color are reinforced by using nesting cups.

#### ENGINEERING

Developmental tools that work on skills such as stacking, building, and nesting support Engineering concepts.

#### SCIENCE

Our Early Explorers class is introduced to formal and social sciences. Formal science is focused on decision making; social science is the imitation of behavior, following directions, and seeking approval of positive behavior. Positive behavior reinforcement techniques are used daily at Baylake Academy. Simple, hands-on science exploration is a part of our students' curriculum. Simple, short ideas that work with Early Explorer's shorter attention spans.

#### **FINE ARTS**

Interaction with musical instruments promotes physical activity as well as exposure to the different sounds made by the various instruments. Animal imitation is one form of theatrics enjoyed by our young students. Dressing up and playing pretend also encourages using the imagination. Crayon color selection and painting inspires our students' creativity.

#### **HEALTH & FITNESS**

Students in the Early Explorers Program start to identify basic body parts by pointing to and beginning to verbalize them. The fitness program promotes the use of gross motor skills by practicing surefootedness, running, walking backwards, throwing balls, kicking, and playing tag.

#### FOOD AND NUTRITION PROGRAM

Our Food and Nutrition Program supports our Health and Fitness Academics. The belief food and nutrition are the same is a misnomer; simply, nutrition is the study of nutrients in food and how it affects our body. With this understanding Baylake Academy has established a snack program that encompasses this philosophy. We provide our students with healthy snack options that will encourage healthy eating habits as well as healthy mind.

#### HAND WASHING PROGRAM

We instill and implement healthy hand washing habits with students. Hand washing will take place upon entering the school and throughout the day to include but not limited to before/after mealtimes, after using the restroom, and when reentering the classroom from the playground or any enrichment classes.

## **GENERAL SCHEDULE**

8:00 AM	STUDENT ARRIVAL	10:00 AM	ENRICHMENT COURSE
8:15 AM	WELCOME & PLEDGES	11:00 AM	LUNCH
8:30 AM	LANGUAGE ARTS & MATH	12:00 PM	NAP/QUIET TIME
9:00 AM	RECESS	2:00 PM	LANGUAGE ARTS & MATH REINFORCEMENT
9:30 AM	SNACK	3:00 PM	STUDENT DISSMISSAL

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